

Moscow School District
Summer Lunch Program
2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Jun - 14 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Jun - 15 Bean and Cheese Burrito Yogurt & PB Sand. Fresh Fruit Choices Veggies Tortilla Chips Milk Choices	Jun - 16 Pepperoni Pizza Pocket Yogurt & PB Sand. Peach Fruit Cup Veggies Milk Choices
Jun - 19 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Jun - 20 Hot Dog on a Bun Yogurt & PB Sand. Fresh Fruit Choices Twisted Baked Potatoes Milk Choices	Jun - 21 Ham & Cheese Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices	Jun - 22 Chicken Quesadilla Yogurt & PB Sand. Fresh Fruit Choices Veggies Tortilla Chips Milk Choices	Jun - 23 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices
Jun - 26 Chicken Corn Dog Yogurt & PB Sand. Fresh Fruit Choices Veggies Animal Cookie Milk Choices	Jun - 27 Pizza Bread Stick Yogurt & PB Sand. Fresh Fruit Choices Veggies Sunflower Seeds Milk Choices	Jun - 28 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices	Jun - 29 Chicken Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Milk Choices	Jun - 30 Turkey Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices
Jul - 3	Jul - 4	Jul - 5 Chicken Drumstick Yogurt & PB Sand. Fresh Fruit Choices Veggies Bread Stick Milk Choices	Jul - 6 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Jul - 7 Pepperoni Pizza Pocket Yogurt & PB Sand. Peach Fruit Cup Veggies Milk Choices
Jul - 10 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Jul - 11 Hot Dog on a Bun Yogurt & PB Sand. Fresh Fruit Choices Twisted Baked Potatoes Milk Choices	Jul - 12 Ham & Cheese Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices	Jul - 13 Chicken Quesadilla Yogurt & PB Sand. Fresh Fruit Choices Veggies Tortilla Chips Milk Choices	Jul - 14 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices
Jul - 17 Chicken Corn Dog Yogurt & PB Sand. Fresh Fruit Choices Veggies Animal Cookie Milk Choices	Jul - 18 Pizza Bread Stick Yogurt & PB Sand. Fresh Fruit Choices Veggies Sunflower Seeds Milk Choices	Jul - 19 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices	Jul - 20 Chicken Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Milk Choices	Jul - 21 Turkey Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Moscow School District

Summer Lunch Program 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 24 Bean and Cheese Burrito Yogurt & PB Sand. Fresh Fruit Choices Veggies Tortilla Chips Milk Choices	Jul - 25 Oven Baked Fish Sticks Yogurt & PB Sand. Fresh Fruit Choices Veggies Goldfish Graham Cracker Milk Choices	Jul - 26 Chicken Drumstick Yogurt & PB Sand. Fresh Fruit Choices Veggies Bread Stick Milk Choices	Jul - 27 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Jul - 28 Pepperoni Pizza Pocket Yogurt & PB Sand. Peach Fruit Cup Veggies Milk Choices
Jul - 31 Chicken Nuggets Yogurt & PB Sand. Fresh Fruit Choices Veggies Cheese Crackers Milk Choices	Aug - 1 Hot Dog on a Bun Yogurt & PB Sand. Fresh Fruit Choices Twisted Baked Potatoes Milk Choices	Aug - 2 Ham & Cheese Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices	Aug - 3 Chicken Quesadilla Yogurt & PB Sand. Fresh Fruit Choices Veggies Tortilla Chips Milk Choices	Aug - 4 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices
Aug - 7 Chicken Corn Dog Yogurt & PB Sand. Fresh Fruit Choices Veggies Animal Cookie Milk Choices	Aug - 8 Pizza Bread Stick Yogurt & PB Sand. Fresh Fruit Choices Veggies Sunflower Seeds Milk Choices	Aug - 9 Hamburger Cheeseburger Yogurt & PB Sand. Fresh Fruit Choices Veggies Ice Cream Bar Milk Choices	Aug - 10 Chicken Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Milk Choices	Aug - 11 Turkey Sandwich Yogurt & PB Sand. Fresh Fruit Choices Veggies Sun Chips Milk Choices

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	648	600-650	100%	Sat. Fat	6.33 g	8.79%	<10.00%
Sodium	907 mg	1230					

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