

Moscow School District

West Park School

May-June 2017

Apr 25, 2017

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Chicken Sandwich Yogurt & PB Sand. Steamed Broccoli Chilled Fruit Milk Choices	May - 2 Bean and Cheese Burrito Yogurt & PB Sand. Spanish Rice Veggies Fresh Fruit Choices Milk Choices	May - 3 Pizza Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Milk Choices	May - 4 Chicken Nuggets Yogurt & PB Sand. Green Beans Pears Wheat Roll Milk Choices	May - 5 Chicken Corn Dog Yogurt & PB Sand. Veggies Apple Wedges Cookie Milk Choices
May - 8 French Toast Sticks Pork Sausage Patty Yogurt & PB Sand. Hash Brown Potato Patty Veggies Applesauce Milk Choices	May - 9 Meatball SUB Yogurt & PB Sand. Veggies Orange Halves Milk Choices	May - 10 Pizza Bread Stick Yogurt & PB Sand. Tossed Salad Chilled Fruit Sugar Cookie Milk Choices	May - 11 Chicken Drumstick Yogurt & PB Sand. Steamed Vegetables Fresh Fruit Choices Roll Chocolate Pudding Milk Choices	May - 12 Cheeseburger Hamburger Yogurt & PB Sand. Baked Beans Potato Wedges Fresh Fruit Choices Milk Choices
May - 15 Hot Dog on a Bun Yogurt & PB Sand. Baked Beans Veggies Fresh Fruit Choices Milk Choices	May - 16 Soft Beef Taco Yogurt & PB Sand. Bean Dip Veggies Peaches Tortilla Chips Milk Choices	May - 17 Tangerine Chicken Chunks Yogurt & PB Sand. Rice Steamed Vegetable Mix Chilled Fruit Milk Choices	May - 18 TURKEY GRAVY Mashed Potatoes Yogurt & PB Sand. Green Beans Chilled Fruit Roll Milk Choices	May - 19 Sub Sandwich Sub Sandwich Yogurt & PB Sand. Sun Chips Veggies Fresh Fruit Choices Milk Choices
May - 22 Chicken Nuggets Yogurt & PB Sand. Peas Pears Wheat Roll Milk Choices	May - 23 Roast Beef Sandwich Yogurt & PB Sand. Veggies Fresh Fruit Choices Sugar Cookie Milk Choices	May - 24 BREADSTICKS / SAUCE String Cheese Yogurt & PB Sand. Tossed Salad Pears Milk Choices	May - 25 Chicken Ranch Wrap Yogurt & PB Sand. Sun Chips Celery Sticks Apple Wedges Milk Choices	May - 26 Cheeseburger Hamburger Yogurt & PB Sand. Potato Wedges Fresh Fruit Choices Milk Choices
May - 29 NO SCHOOL TODAY	May - 30 Chicken Quesadilla Yogurt & PB Sand. Bean Dip Corn Chilled Fruit Tortilla Chips Milk Choices	May - 31 Oven Baked Fish Sticks Yogurt & PB Sand. Vegetable Pasta Salad Veggies Chilled Fruit Milk Choices	Jun - 1 CHOICE MENU DAY	Jun - 2 CHOICE MENU DAY
Jun - 5 CHOICE MENU DAY	Jun - 6 CHOICE MENU DAY	Jun - 7 CHOICE MENU DAY	Jun - 8 CHOICE MENU DAY	

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday			
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target	
Calories	648	550-650	100%	Sat. Fat	5.04 g	7.00%	<10.00%
Sodium	1001 mg	1230					

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