

# Moscow School District

Paradise Creek HS

November 2017

2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Nov - 2 NO SCHOOL TODAY	Nov - 3 NO SCHOOL TODAY
Nov - 6 French Toast Sticks Pork Sausage Patty Hash Brown Potato Patty Strawberries Veggies Milk Choices	Nov - 7 Bean Cnd Cheese Burrito Veggies Bean Dip Peaches Tortilla Chips Milk Choices	Nov - 8 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Nov - 9 Chicken Drumstick Broccoli Spiced Apple Slices Roll Milk Choices	Nov - 10 Spicy Chicken Sandwich Twisted Baked Potatoes Veggies Chilled Fruit Milk Choices
Nov - 13 Chicken Corn Dog Baked Beans Veggies Apples, Fresh Cookie Milk Choices	Nov - 14 Meatball SUB Tossed Salad Orange Milk Choices	Nov - 15 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Nov - 16 Turkey Gravy Mashed Potatoes Green Beans Chilled Fruit Roll Milk Choices	Nov - 17 Sub Sandwich Sun Chips Veggies Fresh Fruit Choices Milk Choices
Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY
Nov - 27 Cheeseburger Hamburger Potato Wedges Fresh Fruit Choices Milk Choices	Nov - 28 Hot Dog on a Bun Baked Beans Veggies Fresh Fruit Choices Milk Choices	Nov - 29 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Nov - 30 Philly Beef Sandwich Sun Chips Veggies Fresh Fruit Choices Milk Choices	

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	757	750-850	100%	Sat. Fat	6.13 g	7.29%	<10.00%
Sodium	1356 mg	1420					

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**