

Moscow School District

Paradise Creek HS
Aug-September 2017
2017

Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 29 French Toast Sticks Pork Sausage Patty Veggies APPLESAUCE Milk Choices	Aug - 30 Chicken Nuggets Green Beans Sliced Pears Roll Milk Choices	Aug - 31 Chicken Corn Dog Baked Beans Veggies Chilled Fruit Milk Choices	Sep - 1 Cheeseburger Hamburger Potato Wedges Fresh Fruit Choices Milk Choices
Sep - 4 NO SCHOOL TODAY	Sep - 5 Bean and Cheese Burrito Veggies Chilled Fruit Tortilla Chips Milk Choices	Sep - 6 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Sep - 7 BBQ Pork Sandwich Corn Chilled Fruit Milk Choices	Sep - 8 Spicy Chicken Sandwich Baked Beans Veggies Chilled Fruit Milk Choices
Sep - 11 Macaroni & Cheese Peas Fresh Fruit Choices Roll Milk Choices	Sep - 12 Chicken Drumstick Broccoli Apple Crisp Roll Milk Choices	Sep - 13 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Sep - 14 Fish Sandwich Twisted Baked Potatoes Chilled Fruit Milk Choices	Sep - 15 Sub Sandwich Sun Chips Veggies Fresh Fruit Choices Milk Choices
Sep - 18 Meatball SUB Tossed Salad Fresh Fruit Choices Milk Choices	Sep - 19 Chicken Fajita Spanish Rice Corn Chilled Fruit Milk Choices	Sep - 20 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Sep - 21 Tangerine Chicken Chunks Rice Steamed Vegetable Mix Chilled Fruit Milk Choices	Sep - 22 Cheeseburger Hamburger Baked Beans Potato Wedges Fresh Fruit Choices Milk Choices
Sep - 25 Chicken Nuggets Green Beans Sliced Pears Roll Milk Choices	Sep - 26 Soft Beef Taco Veggies Peaches Tortilla Chips Milk Choices	Sep - 27 Fresh Hot Pizza Tossed Salad Fresh Fruit Choices Bread Stick Milk Choices	Sep - 28 Hot Dog on a Bun Baked Beans Veggies Fresh Fruit Choices Milk Choices	Sep - 29 Spicy Chicken Sandwich Veggies Chilled Fruit Milk Choices

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	750	750-850	100%	Sat. Fat	5.57 g	6.69%	<10.00%
Sodium	1193 mg	1420					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.