

Moscow School District

Moscow High School

May-June 2017

Apr 27, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Chicken Sandwich Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	May - 2 SOFT TACO Salads/Sandwiches/Pizza Bean Dip Fresh Fruit Choices Veggie Bar Tortilla Chips Milk Choices	May - 3 SPAGHETTI & MEAT SC. Salads/Sandwiches/Pizza Fresh Fruit Choices Veggie Bar Italian Bread Milk Choices	May - 4 BBQ Pork Sandwich Salads/Sandwiches/Pizza Corn Fresh Fruit Choices Veggie Bar Milk Choices	May - 5 Cheeseburger Salads/Sandwiches/Pizza Twisted Baked Potatoes Fresh Fruit Choices Veggie Bar Milk Choices
May - 8 Chicken Nuggets Salads/Sandwiches/Pizza Broccoli Fresh Fruit Choices Veggie Bar Roll Milk Choices	May - 9 CHICKEN FAJITAS Salads/Sandwiches/Pizza Seasoned Black Beans Fresh Fruit Choices Veggie Bar Milk Choices	May - 10 Macaroni & Cheese Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Roll Milk Choices	May - 11 Tangerine ChickenChunks Salads/Sandwiches/Pizza Rice Steamed Vegetable Mix Veggie Bar Fresh Fruit Choices Milk Choices	May - 12 Pizza Stuffwich Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Sugar Cookie Milk Choices
May - 15 Chicken Tender Strips Salads/Sandwiches/Pizza Fresh Fruit Choices Veggie Bar Roll Milk Choices	May - 16 Cheese Pull-a-Part Salads/Sandwiches/Pizza Sun Chips Fresh Fruit Choices Veggie Bar Milk Choices	May - 17 NACHOS Salads/Sandwiches/Pizza Refried Beans Veggie Bar Fresh Fruit Choices Milk Choices	May - 18 Hot Dog on a Bun Salads/Sandwiches/Pizza Sun Chips Fresh Fruit Choices Veggies Milk Choices	May - 19 Cheeseburger Salads/Sandwiches/Pizza Twisted Baked Potatoes Fresh Fruit Choices Veggie Bar Milk Choices
May - 22 Chicken Nuggets Salads/Sandwiches/Pizza Broccoli Fresh Fruit Choices Veggie Bar Roll Milk Choices	May - 23 Chicken Fried Steak Salads/Sandwiches/Pizza Mashed Potatoes Green Beans Veggie Bar Fresh Fruit Choices Milk Choices	May - 24 Hawaiian Chicken Wrap Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Ice Cream Bar Milk Choices	May - 25 Sub Sandwich Salads/Sandwiches/Pizza Sun Chips Veggie Bar Fresh Fruit Choices Milk Choices	May - 26 Chicken Alfredo Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Bread Stick Milk Choices
May - 29 NO SCHOOL TODAY	May - 30 Chicken Corn Dog Salads/Sandwiches/Pizza Baked Beans Fresh Fruit Choices Veggie Bar Milk Choices	May - 31 Meatball SUB Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	Jun - 1 BREAKFAST BURRITO Salads/Sandwiches/Pizza Seasoned Black Beans Veggie Bar Fresh Fruit Choices Milk Choices	Jun - 2 CHOICE MENU DAY Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices
Jun - 5 CHOICE MENU DAY Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	Jun - 6 CHOICE MENU DAY Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	Jun - 7 CHOICE MENU DAY Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	Jun - 8 CHOICE MENU DAY Salads/Sandwiches/Pizza Veggie Bar Fresh Fruit Choices Milk Choices	

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	733	750-850	98%	Sat. Fat	6.09 g	7.48%	<10.00%
Sodium	1334 mg	1420					

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