

# Moscow School District

McDonald School

May-June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Chicken Sandwich Yogurt & PB Sand. Tossed Salad Chilled Fruit Milk Choices	May - 2 Chicken Corn Dog Yogurt & PB Sand. Veggies Apple Wedges Cookie Milk Choices	May - 3 BBQ Pork Sandwich Yogurt & PB Sand. Roasted Baby Potatoes Fresh Fruit Choices Milk Choices	May - 4 Pizza Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Milk Choices	May - 5 Soft Beef Taco Yogurt & PB Sand. Bean Dip Veggies Peaches Tortilla Chips Milk Choices
May - 8 French Toast Sticks Pork Sausage Patty Yogurt & PB Sand. Hash Brown Potato Patty Veggies Applesauce Milk Choices	May - 9 Pizza Bread Stick Yogurt & PB Sand. Veggies Chilled Fruit Sugar Cookie Milk Choices	May - 10 Oven Baked Fish Sticks Yogurt & PB Sand. Baked Beans Tossed Salad Fresh Fruit Choices Roll Milk Choices	May - 11 SPAGHETTI & MEATBALLS Yogurt & PB Sand. Steamed Broccoli Orange Halves Roll Milk Choices	May - 12 Chicken Nuggets Yogurt & PB Sand. Green Beans Pears Wheat Roll Milk Choices
May - 15 Tangerine Chicken Chunks Yogurt & PB Sand. Rice Steamed Vegetable Mix Chilled Fruit Milk Choices	May - 16 Cheeseburger Hamburger Yogurt & PB Sand. Potato Wedges Fresh Fruit Choices Milk Choices	May - 17 BREADSTICKS / SAUCE String Cheese Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Milk Choices	May - 18 Hot Dog on a Bun Yogurt & PB Sand. Baked Beans Veggies Fresh Fruit Choices Milk Choices	May - 19 Sub Sandwich Sub Sandwich Yogurt & PB Sand. Sun Chips Veggies Fresh Fruit Choices Milk Choices
May - 22 Chicken Nuggets Yogurt & PB Sand. Peas Pears Wheat Roll Milk Choices	May - 23 Chicken Drumstick Yogurt & PB Sand. Mashed Potatoes Chilled Fruit Roll Milk Choices	May - 24 Roast Beef Sandwich Yogurt & PB Sand. Veggies Fresh Fruit Choices Milk Choices	May - 25 Chicken Alfredo Yogurt & PB Sand. Veggies Fresh Fruit Choices Roll Milk Choices	May - 26 Cheeseburger Hamburger Yogurt & PB Sand. Potato Wedges Fresh Fruit Choices Milk Choices
May - 29 NO SCHOOL TODAY	May - 30 Chicken Fajita Yogurt & PB Sand. Spanish Rice Corn Chilled Fruit Milk Choices	May - 31 Pigs in a Blanket Yogurt & PB Sand. Baked Beans Veggies Fresh Fruit Choices Milk Choices	Jun - 1 CHOICE MENU DAY	Jun - 2 CHOICE MENU DAY
Jun - 5 CHOICE MENU DAY	Jun - 6 CHOICE MENU DAY	Jun - 7 CHOICE MENU DAY	Jun - 8 CHOICE MENU DAY	Jun - 9

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Moscow School District  
 McDonald School  
 May-June 2017

Apr 26, 2017

Monday	Tuesday	Wednesday	Thursday	Friday		
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target
Calories	651	550-650	100%	Sat. Fat	5.17 g	7.15%
Sodium	1001 mg	1230				<10.00%

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